

## Question on Notice

No. 1320

Asked on 9 November 2022

**MR J KRAUSE** ASKED THE MINISTER FOR HEALTH AND AMBULANCE SERVICES (HON Y D'ATH)—

### QUESTION

With reference to the My Health for Life Program—

Will the Minister provide for each financial year since the program's inception (a) the total value of funds allocated to the program by Queensland Health and (b) the number of individuals who have accessed the program?

### ANSWER

*My health for life* is a positive lifestyle change initiative that aims to help Queenslanders reduce their risk of developing chronic conditions such as type 2 diabetes, heart disease and stroke.

The program takes a fresh, personalised approach to help people make positive lifestyle changes. All Queensland adults can get involved by having a health check. For those identified through the health check as being at higher risk of developing chronic condition, this initiative offers a tailored, but flexible, healthy lifestyle program through one-on-one phone coaching or small group sessions.

I have been advised by the department that the total value of funds allocated to the *My health for life* program since inception are:

Financial Year	Funding (ex GST)
2016-17	\$6,140,927
2017-18	\$8,451,095
2018-19	\$8,451,095
2019-20	\$9,892,475
2020-21	\$9,507,012

Health and Wellbeing Queensland has a current contract with Diabetes Queensland to deliver the Program over a three-year period from 1 July 2021 to 30 June 2024, at a total contract value of \$25,925,615 (ex GST).

I am advised some fluctuations in funding are a result of requests from Diabetes Queensland to receive sufficient early funding to deliver developmental work, rather than receive funding at a consistent level.

I am further advised Health and Wellbeing Queensland will continue to employ funding allocation flexibility across the three-year contract period.

The number of individuals who have accessed the *My health for life* program from program inception in March 2016 to 16 November 2022 are:

- 277,052 Queenslanders have completed a *My health for life* Health Risk Assessment
- 26,645 Queenslanders have enrolled in the *My health for life* Program
- 16,544 Queenslanders have completed the *My health for life* Program.

*Source: My health life Progress Report data and relevant years*