



Speech By  
**Rob Molhoek**


**MEMBER FOR SOUTHPORT**

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## **ADJOURNMENT**

### **Men's Mental Health**

 **Mr MOLHOEK** (Southport—LNP) (9.20 pm): I rise to speak about the Men's Table round table on 7 August. It was a discussion about men's mental health in Queensland. I was there to represent the Premier. I joined 17 industry leaders and experts including members of the Men's Table Bradly McLees, Rendle Williams and David McNair and CEO and co-founder David Pointon.

Earlier this year I had the privilege of attending another event on behalf of the Premier, the Men, Mates and Mentors event—a two-part series organised by Gold Coast resident Tim Fisk. This initiative creates a safe and supportive environment where men can share experiences, build connections and access resources to improve their mental health and personal growth. With Tim's vision, outstanding groups such as Complete Men, Dads in Distress, Mens Wellbeing, Men's Table and ManKind Project Queensland are working together to provide meaningful resources that foster connection, resilience and wellbeing among men in our community.

The Mental Health Commission's *Suicide in Queensland* annual report 2024 reported 769 suspected suicides in Queensland and stated that 78 per cent of those deaths were male. That is a staggering 602 suspected male suicides in 2024. The reported figure for 2023 was a staggering 782.

Men's mental health in Australia is a significant concern. I think all of us in the House would agree that we should be thankful for the many programs that are already conducted across the state to support men's mental health. I particularly want to acknowledge the great work of Mates in Construction. It was my privilege to represent the party at a recent lunch with them. They do a great job. I also want to give a shout-out to other organisations like the Hervey Bay Chamber of Commerce, which runs a walk and talk program. The Kingaroy Chamber of Commerce runs the Smiles program supporting mental wellness through information, leadership and education. We all know about men's sheds across Australia which provide tremendous support to men—a place to come together to connect and contribute in a meaningful way. I think most of us would be surprised to know that there are now more men's sheds across Australia than there are McDonald's.

In closing, I especially want to acknowledge Tim Fisk and his team for their stewardship, leadership and passion in creating Mens, Mates and Mentors—an incredibly valuable program to support men in an environment where there is so much more that needs to be done.