

---

**From:** [REDACTED]  
**Sent:** Friday, 4 February 2022 9:20 AM  
**To:** Mental Health Select Committee  
**Subject:** FW: Mental health improvements

I apologise I didn't add my daughters Married name

She went from [REDACTED] to [REDACTED]

Sent from [Mail](#) for Windows

---

**From:** [REDACTED]  
**Sent:** Friday, 4 February 2022 1:47 AM  
**To:**  
**Subject:** Mental health improvements

Hi my name is [REDACTED]

My address is [REDACTED]

My Mobile number is [REDACTED]

My experience is over a 24 year period of my Daughter [REDACTED] I know I have to make this reasonable short so I will try to make this as productive as possible

When [REDACTED] was about 2 year old she had her first febrile convulsion it was very scary as I knew nothing about them

Over the next 5 years about once every year she had another one

Each year they got longer in her unconscious time.

The first one she jerked around and then was unconscious for about 10 minutes

The following ones were similar except they got longer in her period of unconsciousness

To the last one about age 7 and she was out for about 40 minutes

They did the tubes on her head but couldn't see any significant brain patterns and gave her epilum for 12 months

Nothing ever came from this.

We were living on the Sunshine coast by this time

Age 13 she went through puberty and to start with we thought she was being a difficult teenager but then some wonderful individual who was just starting his drug empire gave her pot and at times other street drugs sometimes just about every week for free.

We didn't realise it at the time but this was our real time of trial

[REDACTED] went really feral taking off for couple of days and we wouldn't know what she was doing.

She became friendly with her later to become husband and got pregnant and at about 3 months lost the baby.

She then went into a depression which we hadn't understood or recognized and bought a packet of Panadol and tried to take her life

She went into hospital and they eventually had to give her the NAC drip which seemed to help her

We went home with her and a doctor [REDACTED] in Brisbane who was super Brilliant who eventually gone wiped out of existence

By the medical profession

From other friends who had seen him we went to see him and after tests he prescribed natural hormones. It was like turning a light bulb on. She was thinking clearly making better decisions but she was still seeing her boyfriend and she got pregnant again so she stopped the natural hormones treatment and while she was pregnant she was marvellous.

After baby and while full time breast feeding she was ok. But her boyfriend brought pot home again at this point and then she went really mentally ill really off the planet.

What eventually put her in hospital for the first time was she had driven a car from the Sunshine Coast to the Mater hospital in Brisbane to get something to help her go to sleep. They put her straight into the Psych ward and rung us. She was that bad they had no idea how she could have driven a car.

Over the next few years she had many hospital admissions in Nambour with many doctors who just threw many drugs at her with no real difference to her. Her stays were like 5 months long.

The one thing that made a gigantic difference in one of her moments of madness she felt her daughter didn't want her as they kept trying to send her home and of course her daughter was scared at the way her mum was acting. She took a packet of Panadol again and once again they had to do the NAC drip treatment again.

WITHIN 2 HOURS OF THIS TREATMENT GOING THROUGH HER SHE WAS STARTING TO THINK CLEARLY AGAIN.

In the process of time they have given [REDACTED] this treatment 4 times.

Three of them when she was really mentally unwell. Everytime within that 2 hrs of it being infused into her she's become mentally clear thinking again.

It was around this period that they had tired her on reasonably small amount of [REDACTED] I apologise I don't remember the correct name of the medication it was in a needle form and she had another baby and married her boyfriend she still struggled but seemed to be getting there and then her husband bought home drugs again.

It has been constant struggle from there. There have been many doctors that [REDACTED] has dealt with that I wouldn't have trusted as street sweepers. All they did was throw different drugs at her and in the end she would escape as she eventually realised that they didn't really want the worry anymore. The one thing through all of this she had a wonderful lady who was her case manager which helped her more than the average person would have. She had never given up on her though it's been very hard for her as [REDACTED] is so unwell she can't see how myself or anyone whose trying to help is trying to.

This past couple of years [REDACTED] had a doctor in Nambour hospital who's went out of his way to help her and tried her on Clozapine and it really seemed to be making a difference for her but she wouldn't keep up with the medication in the community. And because she had no regular place to live and just went back to the street drugs and they had no idea where she was to catch her she's become this scary very mentally ill person that no one could cope with and they eventually caught up with her again. [REDACTED] is at present become quite insane again and is back in hospital. She has two beautiful children who mourn for a mother that they emotionally can't be around.

There are two things that I cannot understand

NUMBER 1 : WHY ARE THEY NOT USING THE NAC TREATMENTS TO DETOX PEOPLE AND THEN SEE WHAT SHOWS UP AS THEIR PROBLEMS

I have fought for many years after seeing the marvellous effects of the NAC treatments on [REDACTED] after cleaning out her liver and kidneys.

And I fought every doctor she's dealt with WHY THEY DON'T USE THIS AS A DETOX FOR PEOPLE LIKE [REDACTED] WHO TAKE STREET DRUGS AND THAT THEY CAN'T SEEM TO FIND ANYTHING THAT REALLY HELPS THEM.

Private practice is starting to know the benefits of it but all Qld Health says is oh we don't do anything experimental. Even though it's has shown to help [REDACTED]

A few of those doctors over the years were willing to try it because they could see the benefits but were told "NO" under no circumstances even though she's had no bad reaction to it. In fact from everything I've read about it, it is one of the few things that they use that has the least side effects

NUMBER 2 :A PSYCHIATRIST IN USA CALLED DR. AMEN HAS BEEN USING FOR 20 YEARS THE SPECT IMAGING FOR ALL OF HIS PATIENTS AND HAS HAD OUTSTANDING SUCCESS WITH HIS PATIENTS IN DIAOGNOSING AND TREATING THEIR PROBLEMS

WHY ARE WE NOT USING HIS TOOLS

TO DIAOGNOISE PATIENTS BEFORE WE TOUCH THM WITH ANY ANTI PHYSCOTIC, OR AT LEAST DOING MRI ON THEM EVEN THROUGH THEY AREN'T ANYWHERE NEAR AS HELPFUL

His information on his procedures are at  
[Amenclinic.com/approach/spect.research/](http://Amenclinic.com/approach/spect.research/)

I have for many years been asking for at least having a MRI done on [REDACTED] but no one has ever wanted to even think about it.

I have been mentioning Dr Amen for many years as well

I work as a PSA in Sunshine Coast University Hospital in all of the mental Health wards there and I know there are many dedicated people working there ,but I also see that there are many people in my daughters situation that just aren't getting any better.

We really do have to start looking up and finding things that I've mentioned in really finding what is possibly helping to creating their mental heath problems in the first place and maybe detoxing them before we put more drugs into their already over loaded kidneys and liver.

If we took this approach it may cost the Tax payer a lot less money

AND IT MAY SAVE MANY PEOPLE AND THIER FAMILIES AS WELL

Thankyou for you time A very grieving family  
[REDACTED]