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**From:** [REDACTED]  
**Sent:** Thursday, 3 February 2022 6:40 PM  
**To:** Mental Health Select Committee  
**Subject:** Submission - QLD Mental Health Act

As a parent of a young Adult with Mental Health issues I have found the QLD Mental Health Service to be unhelpful, refuse to disclose information relating to the possible side effects of medications, and when a side effect occurs dismiss it and add another medication to the list to deal with the side effect rather than consider that the medication that was first introduced may not be suitable for the patient, may not be tolerated and causes effects that place a huge strain on the body, heart and mind

My daughter was an inpatient at Robina Private Hospital for approximately 12 weeks, during this time medications, such as anti-psychotics were swapped and changed sometimes on a daily basis which did not and could not provide a overview as to whether a particular medication may have assisted her with her condition

On trying to discuss this with the doctors in charge I was either told she is over 21 and refused to discuss it with me or if I was told anything it was only the name of the medication but not given any information regarding possible side effects either verbally or in written form

My daughter suffered urine retention due to the medication and as they could not deal with this medical issue in that hospital she was forced to wait in pain whilst an ambulance came to take her across the road to the public hospital

On one occasion she was in so much pain and I called the Ambulance myself to see what the waiting time would be, I was told 3 hours and as I live in NSW and had border issues I told her to tell the nurses that she would walk across the road to the emergency department herself

On doing this she was threatened with discharge

The following day they discharged her without stabilising her medications

Further investigations into the medications provided during her stay indicated that every anti-psychotic was used other than one which required daily blood test

Due to my request and demands for answers during her admission, the hospital has now refused to accept her as a patient, even with further referrals for admission.

The doctors do not like to be questioned yet as a patient and or carer we should be openly given this information to make informed decisions regarding treatment and not simply refused treatment because we question their treatment plans

Due to my daughters safety Robina Public admitted her both as a involuntary patient and voluntary patient, she has been secluded and restrained at times and has been overwhelmed with the actions of the doctor in forcing a Treatment Order to a Tribunal hearing

The doctor declined to sign a Advanced Health Directive that I had completed for the Hearing which was a less restrictive way and then a Treatment Order

The doctor although knowing this did not disclose to me that to be the case and I feel we were not given the correct information nor was she informed of her rights in regards to this.

At one point during a meeting, the doctor visibly rolled his eyes at me which was not acceptable and showed little respect for myself or my daughters treatment

I agree with the below actions being being taken

1. The *Qld Mental Health Act* is amended to ban electroshock, restraint, seclusion and dramatically increase criminal fines and prison terms for ill-treatment of a patient.
2. Involuntary detainment and treatment is eliminated per the World Health Organisation's guidance.
3. Every death in the mental health system is investigated for criminal culpability and negligence and any mis-conduct involving prescription practices is also reported to police for criminal investigation.
4. Existing money is re-directed to proven workable solutions that do not harm and money is only given to organisations that are held fully accountable and are actually producing results.

Sonya Hill

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