
From: Lionel Kerr [REDACTED]
Sent: Thursday, 3 February 2022 6:25 PM
To: Mental Health Select Committee
Subject: Mental Health Inquiry Submission

In 2021 my previous psychiatrist, [REDACTED], had prescribed me strattera for my adhd. I expressed that I wanted a longer lasting medication than what I was on at the time (Ritalin). I had asked for Concerta but he prescribed me Strattera saying it would be a better medication for me as it was not addictive.

I took it for a few months and my mental health had been declining at a consistent rate. At its worst I was very manic, daily thoughts of self harm and suicide to the point I contacted the Acute Care Team for help.

My art therapist, [REDACTED] had asked me how long I felt like this and quickly pointed out that the feelings started around the time I began taking Strattera.

I contacted [REDACTED] the next day, telling him what was going on. His response to me was to "go get a job" and that medication wasn't going to do what I wanted it to do. That was the last time I spoke to him and the last time I took Strattera. My mood improved the next day almost immediately.

This is my story, do with it as you will.

Kind regards,
Lionel Kerr