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**From:** Cassie Greco [REDACTED]  
**Sent:** Wednesday, 2 February 2022 6:42 PM  
**To:** Mental Health Select Committee  
**Subject:** Enquiry submission

This is for that mental health submission one,

We need more mental health services here in Redcliffe rather than patients being carted off to Caboolture or not treated very well via the hospital or community health centre, and maybe like other state has I think is a mental health ambulance car equipped with a paramedic and a mental health professional which helps lighten the load of paramedics and mental health calls just all-round better care and access to help is needed I've had horrible experiences in the past, not only can I not find a good psychiatrist anywhere and have had awful experiences in the community health centre and felt unsafe and felt like I had no options who I see, I also cannot afford a proper one and same with therapy it's costly I have also had horrible experiences in hospital for mental health there's lack of care and support there's also lack of respect we are people to and a mental health issues are technically a physical issue it's from our brains whether it's from trauma or chemical imbalances it's physical, we deserve quality care and respect as say someone who broke their arm, our whole mental health system needs to be fixed then again our whole health system does. And to add maybe up the number of sessions on a health care plan because 5 a year is ridiculous can't work through things in five sessions.

Thanks kindly,

Cassie greco  
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[REDACTED]

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