

Inquiry into volunteering in Queensland

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Submitted by: Tamborine Mountain Bowls Club
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Submitter Comments:

The Tamborine Mountain Bowls Club offer sport and recreation to the community. The offering includes organised bowls to School children, Disabled teens, Social members and Members competitions. Bowls as a sport and recreation allows for teams and social groups to visit other clubs, sometimes at significant distances (Tasmania to Texas Qld) It also is sport for all ability, for example, by using aids (bowlers arms), this aids keeping older members involved for much longer (10 to 20 years) All this improves physical fitness and creates bonds between individuals improving mental health. None of this is possible without significant input from the volunteers.