

From: [REDACTED]
To: [Infrastructure, Planning and Natural Resources Committee](#)
Subject: FIFO investigation
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I have just read the report on the investigation into FIFO regarding the effect on families and mental health etc.

FIFO works very well as long as it is an even roster such as 2 weeks on 2 weeks off, problems occur when companies employ their personnel on rosters such as 3 weeks on and 1 week off or 19 days on and 4 days off due to the bread winner being away from home for long periods of time, virtually creating a single parent situation bringing up the children, whilst the partner is away earning the money as the only form of support toward the family. The bread winner is also getting tired as the rest period away from work is not long enough to relax and unwind, which leads to resentment and depression of missing family life, being trapped in a cycle that is destroying confidence and unable to change due to financial pressures, which then leads to family break down and suicides.

There needs to be a work life balance that supports the family and assists the home maker (either Mother or Father) to rear the children, get involved in their schooling and sporting activities/hobbies to create a strong family bond.

I have been working in the FIFO system for the past 27 years and have always been on a 2 week on X 2 week off roster which works well for the work life balance.

Regards

Mark Hensel

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