

Vaping - An inquiry into reducing rates of e-cigarette use in Queensland

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From: [REDACTED]
To: [Health and Environment Committee](#)
Subject: Revolutionizing QLD Public Health Education: A Call to Action for MP Staff Members
Date: Tuesday, 4 April 2023 9:16:27 PM

Hello Legislative Assembly & Health and Environment Committee,

Name: Samuel Thomas-Barnes Samuel Sexton

Organisation: TheCoilMan (subsidiaries including but not limited to: private international and domestic associates)*

[REDACTED]
[REDACTED]
Address: [REDACTED]

Email: [REDACTED]

Telephone Number: [REDACTED]
[REDACTED]

General position on matter of inquiry:

The prevalence of e-cigarette use among children and young people has already been determined in Australia, Queensland, in the USA, in the U.K and Globally through poll, technology based analysis and precise population studies. This information mentioned, it is freely available. You should have already been served this information by your supposed counter-parts and subordinates – let alone your superiors. Publicly in the creative commons domain for use and viewing is this data. Infact with a precise and accurate Google search and/or reading this current email and what's contained below this paragraph... you will have access to the data. I personally have the charting undertaken by numerous government and independent advisors organisations spanning the globe and why I have access and permission (including the knowledge of such pathways and how to retrieve documents pertaining to any and most inquiries on a state/national scale) is a catalyst for the unfortunately slow moving precedent of large scale Australian government bodies. Not to say we are incompetent or un-informed or uneducated... we simply need to do a better job at identifying Aussies who have the capacity and scope to nail things that the government may be allegedly considered weak or cannot grasp within their scope of hierachal systems and lack of adaptation to some of the oldest technologies that we still have recognised let alone pursued or EVEN asked for. Why is this necessary? Because it can assist people such as those in remote communities who are being and have been exploited by our own countries lack of care and understanding of privelage, archetypal intellectual narratives and a lack of admission to faults and mistakes. This ideally, should have been already circulated throughout government level departments (failing this early into the juncture unfortunately represents a bigger picture issue with reference to intelligence and public evidence based department staff.. and/or competency with those in current advisors roles = don't get me started at how basic the inadequacy of our beautiful country is... but if you do... I will help, obviously).

Therefore, if you require the statistical slavings that others have already undertaken and the inquiry is not privy nor entitled to yet, please let me know and I'll send you everything you require to tick off a complete panel on inquiry matters: 1) a. & 1) b. Solved.

Generally positioned on inquiry matter 1) c that the general predisposition is that the children

know and understand they are being lied to mostly. Well-intentioned but mis-guided failings of our country and staff (it's a disgrace to the global community including me... we need to seriously align with cultural global norms and not buy into the information served to us by Google, an American based company (usually through Google Chrome, again US) and furthermore our search engine is algorithmically [mostly] region locked. Heavily to keep Australia insular with a compassionate branch of results given to and for the US. We are completely segregated when our lovely Aussie staff are assigned with making/creating information to display on government and organisational websites, because we have expected our population to understand things that they clearly have not. If a simple link between search results and a systematic region lock to our own information (including the complex big data algorithms designed to show US WHAT our population DEEM as worthwhile webpages and NOT what ARE worthwhile webpages.... What hope did or do we have? We think we have a good country, we are loved globally and we have a great country and way of life here... meanwhile our failings with respect to due diligence in the matters of IMPORTANCE... ***public health***... we have totally failed a generation of generally lower socio-economic demographics directly causing harm and death in our hospitals, our schools, our families and our loved ones. I unfortunately know many who have been harmed permanently and good people who have died due to smoking disease. And yet we don't blink an eye as propagators of ignorance, incompetence and a capacity to hold standards where they need to be... that protects people from dying and illness. I think you understand where I'm going with this. We don't even have a good enough information gathering and population oversight to reprimand, edit, prompt and correct the poor hundreds of Aussies who have contributed to the "vape narrative" by spreading information that is not contextualised or summarised correctly.

I swear on my life if this is an attempt to win-win by deterring those who accept the deterrent and also assisting the businesses and vapers by not being punitive in nature or policy, then I don't think this is the STANDARD we want, nor deserve, when real Australian's are dying and ill from smoking disease (preventable illness and death). We need to stop buying into the absolute [REDACTED] we are either delivering, accepting and/or going around informing people/organisations/globally that Australia has a world-class healthcare system. From personal experience and numerous failings in our systems and governance... I have suffered for more than most would tolerate or accept. We Australians are fools when we don't stop to question our own culture, usually I don't have much attention and time for observing how other countries (including our very close allies) and Japan won't mind me referencing them in this submission... we are dumb. Other countries are more humble and recognise their faults and question things with morality, integrity, dignity and respect the ways that lead to good things. To prevent this turning into another one of my intellectual sermons that gets pulled apart and hence, more attention draws to me and how I am capable without qualification and "in the dark and shadows" .. I'll say it simply. Australians have a terrible healthcare system. We allocate money to "stuff". We do not allocate RESOURCES and ATTENTION to the right health solutions = systems/cultural beliefs [i.e. man up and don't let anyone see if you're hurt.. that's what real men did and our fathers did etc.] and I could go on and on. You need my help. Seriously.

We don't need to spend money to throw change into the society. We need to be more meticulous with where we aim our efforts, overseeing key assignments for these efforts, neglect public esteemed projections and projects and focus on more anonymous, solution focused efforts. We have done a terrible disservice to smokers, vapers, our education system, our ignorance of children and young people's ability to disseminate fact from lies and most

importantly – as the opportunities lie in the capital cities = we have failed our rural communities and not seized with full force the opportunity these brave talented and isolated populations are and can and could be! I'm very lucky for my rural geolocation lived 25 years to back my hardiness and ability to deliver hard cold analysis without hate, personal gain and I genuinely want to help by protecting my people who I was literally in the trenches with when society had zero answers nor appropriate backing to implement solutions that prevent babies (lives) from being born where they shouldn't have... drug dealers or criminals who were narrated to be kept out and away from jail as hard as possible but the police were the only ones attending to these individuals... they needed our help with government departments (NO NOT MONEY EG CENTERLINK... money doesn't fix the core issues of our healthcare system and culture) to deliver a service with advanced technology [facial recognition, big data algorithmic evaluative pathways for elevation for starters etc.]. Our decision that, centerlink, medicare, TAFE, social services public and private and police are the standard of care for really struggling unlawful members of our country, it's simply not good enough to me. It didn't work. It made things worse for a lot of people and police wore the burden of having to basically "allegedly zzz" allow while monitoring... for your exclusive purposes = low level poor street drug dealers... and literally having no form of support to get these people out of the rut they were tracked onto. Instead people like me had to volunteer their early 20's to go into these scary neighbourhoods and interact with these ice fueled, alcohol driven, aggression filled people who are literally trying as hard as they can. I saw these people stab with knives. I saw them teach me techniques of how to avoid the law. I befriended them to help understand them first, then help them out as a man with no backing (other than a bit of police tapping of devices and surveillance), and I even had to do things such as say "yeah, you can store your illegal firearms in my backyard" in order to maintain a semblance of equalness with them. Now does anybody, anybody at all want to inform me as to WHY it was my job and WHY I suffered because of it? I accepted the social detriment of associating with "people like that". I accepted forgoing my education at TAFE and university. I gave up A LOT for the benefit of healthcare.

So you see, from my testimony and example, where the real problems are with healthcare.

We failed kids with drug education, in so many ways it's unbelievable there hasn't been some sort of national apology to everyone who had to endure the ignorance of our own "leaders". Particularly those who either accepted other peoples way of dealing with things (e.g. War on Drugs : International Law), employing staff to educate youth on drugs who haven't even ever taken them themselves (how on earth can you teach without experience is beyond a joke). Case and point = do we let builders teach at TAFE to apprentice builders who haven't BUILT or had direct experience with the activity or trade? NO. So why was policy made by those who didn't find out for themselves the dangers and costs of these drugs? Because Australian's are [REDACTED] stupid historically. And no, I will not accept the idea that we implemented these policies and education practices but willfully turned a blind eye to drug activity in private. Something again.. the [REDACTED] police (of all people) had to carry out. They literally protected drug use while the government pursued harmful education not grounded in respect and understanding that youth are smarter just lacking experience.

Instead if the idea is "well if it's naughty or not allowed... then it becomes a thrill or interesting or exciting to those who do it and hence they have fun and everyone wins"... I'm sorry but when we propagate this system of "healthcare education" we have people who damage their developing brains and under the police's watch... the government has yet to do or find anything wrong with

this standard. We literally have people with 50% reduced capacity in their prefrontal cortex due to drug/alcohol/government abuse and neglect. We should treat the police with some respect and much better than that as a country.... That would be true if we weren't first acknowledging the more imminent crises of education in Australia.

If we turn our attention to the diverse country of origins of our Doctors, who obviously have seized easy opportunity under the lazy watchdog of our nation again (don't go there, not the time to do this)... what about our teachers? Where are the international teachers? Where are they? Why are we not doing something about our education? It's really another failing. Truly.

As someone who has watched the approval of MDMA, psilocybin (magic mushrooms), medicinal cannabis and more, throughout the past 2 decades, I am appalled that the same disgusting and deliberate education standards are still propagated. It's disgraceful. How about an inquiry into that. Or any number of the things mentioned in this email. Pretty [REDACTED] obvious when someone calls it out this clear. And you wonder why there's not valuable feedback to the government and everyone is so high up their own [REDACTED] believing we are a lucky country.

If we don't empower our children with information that serves them, they will eventually and historically have... failed to show any concern or interest to national news outlets, government publications, policy or parliamentary motions and instead we appear to be accepting that we all deserve instead to be served contagious information via tablets, phones, laptops, computers that has been delivering some really [REDACTED] up health outcomes.

And I think soon, you have no doubt just how easy we can drop the ball and have literally government health staffers writing false and misleading information to our own country. They don't even stop for a moment to realise or fact check or understand responsibility and duty of care when we are talking about an alleged public health concern (or crisis if your inclined to sink that far into factual insufficiency). Let the information department of this country show and prove that I did my bit to contact the employees and services who presented poorly guided (independently reviewed, fact checked, understand then be understood, principle based, moral value backed, responsibility earned) information. I contacted the health departments spreading false information. I indeed had to tolerate the ZERO response from them. Just as they neglected to respond to a health issue at an acceptable standard, they neglected their duty to attend to.. let alone edit or apologise for their actions when I presented the gold standard literature and unrefutable evidence of their misinterpretation of facts. This was insulting to me as I observe 8 million deaths per year from smoking and these Australians that have been awfully selected for a health job and assignment.. that they are not answerable or responsible for their harmful actions. They choose instead to do nothing.

My point for this email is we need to propagate a cultural phenomenon where we see positive reward via admitting personal fault. THIS IS THE BIG ONE. Otherwise, people do a really hard job and work really hard... only for some educated and informed person that essentially spent 5 minutes to completely debunk their hours and hours of hard work. How do they feel then? I've provided charts, URL's, government statistics = the evidence is clear with e-cigarettes... they are assisting 98% more than they are hurting and harming. And what do I do? I continue to ply my efforts with other organisations such as SmokeFree (if memory serves me correctly) or perhaps it's QuitLine. Funnily enough, there is no actual feedback form on their entire website. Great use of public spending for healthcare guys. We can't even compliment or complaint the [REDACTED] thing.

But I actually did. I actually did the only thing I could... booked in for a quit smoking call with a staff member. I even put it in the comments of the appointment what I was there to do and why and for who's benefit. They completely shut it down and tried to silence it. I heard the voicemail, these poor un-informed workers of a government supported organisation that ... AHM... in 2023 Yes.... a phone line for counselling people on quitting smoking [is backed 100% by the way lol]... they left a message and how is it fair to them that society in Australia decided that trust and all that hurtful jazz is better than thinking independently of others. One thing I learnt from almost a decade in isolation studying (yes studying) is that I observed my whole life that you can't really trust. I had to seek answers for myself, as I said before, information is not a commodity anymore, it's not a university monopoly, it's free to everybody, the internet. And once again we see no public health crisis in our education system promoting our youth to spending 6 to 8 + hours on phones watching other peoples lives on tiktok and aspiring to achieve numbers and pixels and accumulate those likes and "social approval". We wonder why? If we don't already know the answer to why our youth is failing to invent, create, improve, feedback, engage with and for the commonwealth and in general – all seem to have a discontent with the way we have thrown them into a 13 year sentence of mandatory participation. Belittled with drug education that cannot even realistically be looked at once without laughing at the beliefs that allow that all to take place.

Choose to refute this component of my email at your own will. Seriously. I have consumed and taken drugs. They have harmed me enormously especially during my youth and brain development years. Why? Because I consumed the drugs I was taught in primary and secondary school and discovered that we were taught lies and deception. I quickly was consumed with incomprehensible contempt for everyone that I was told, ushered to and encouraged to trust. It's no win by any stretch of the imagination. I also consumed drugs that (I'm not making this up, laugh at your own understanding of intelligence and monitoring of responses to emails with technology that literally places a video webcam into the face of the recipient... without their understanding of privacy policies, consent laws, surveillance clauses and such) literally allowed me to have contact with, be advised by, and without my consent or approval = ordered with a step by step process about how to solve some of the worlds problems that are not recognised even. These consultants from my certain documented drug use were even understood by complex, intelligent specialist Doctors and I am blessed to mention that in which others would consider too self detrimental to reveal... I have brokered peace deals and agreements with entities beyond descriptions with language, concepts, science and yet, I am able to describe them beautifully. Why? Because I have helped them and provided value to them. We are talking about entities that historically have been novelly humoured and deliberately abused and scapegoated as "aliens" of our galactic make-up. It doesn't really even end there, nor does it even begin to breach the encounters I have been blessed to have been entrusted with. I have observed the evolution (in our current juvenile understanding... evolution is the zzz adaptation to further our species via: survive longer, possess health, enjoy states of fulfillment and sustenance in happiness, create beautiful and personally selected manners of importance and to put it simply... the species essentially (humans) live forever – whether through offspring [In the case of animals, child-birth or plants]. However, we neglect to appreciate the fact that there are states of evolution far beyond the human existence and knowledge. Let's assume everyone (which they are at this juncture) buy fully into the fact that I have communicated with entities that have evolved far beyond human knowledge (and "history", ahem zz we weren't there ourselves so how do we know it was true...) and for lack of a better concept, have existed and continue to exist for a time period spanning more than 1 million years (let's just stick to basics

here, we can't seem to get small things right, how can I expect trust with my existential understandings of what others cannot | will not | and cannot be observed in interpretation utilising only human and personal lived experienced evaluations. Anyway, the point is... the scope of what can be changed starting small... is really important if we want to: live longer, live happier, not be conned into believing we are the lucky country or that everyone loves Australia, evolve the species and more.

Let me clean up drug education. Trust people. If you fear the consequences of telling the truth from experienced experts, then you will continue to harm the species. You are harming me. You harmed me beyond comprehensive repair that I have to chase archaic pay walls to treat my "education" from drugs. I can fix this whole mess. It is quite simple. I already have a literal step-by-step with insurance policies for every single concern any and every person has (not laughing here, but I've already gone ahead of time and drawn upon the response) and I will do this for you free of charge. And it will help an enormous amount of people, and those who watch on and see the affects from all perspectives = they will love it and appreciate the high distinction in lifting everybody up.

Matter 2) "education on harmful effects of e-cigarette use" simply put, after the amount of time sunk into this email already, my inability to even expand upon 1 sentence of the inquiry and how/what/why/when due to a sheer overload of information that is gifted to me from intelligence activities and services, it is really disappointing for me to admit that I have even failed myself. I haven't even began to articulate and expand upon how I am literally influencing and changing healthcare in this country. Right at this very moment.

If you persist with the education on harmful effects of e-cigarette use, good job. You identified that education on harmful associated with ecigs is required and insufficient. I applaud the motion that we recognise a poor response from Australia. When we (or if I bloody have to.. I don't mind by the way.. I can clean it all up working with you the whole way) are finally educated and the information trickles downwards and upwards and around the country, we will be on a path to saving human life. Saving human voice (yes people lose their ability to even talk due to smoking... let acknowledge something for a myriad of reasons... it's literally still occurring as I type this sentence you ignorant readers ... shouldn't have said those two words, but it's the truth).

So the narrative will be that e-cigs and vapes help people quit smoking. Awesome. Happy to see to it as consultant submissioner! Please place an emphasis on nicotine and the corrosive nature if spilt on human skin per instance, but its proven neutropic benefit and reasonably safe therapeutic profile. It's no secret that people with a plethora of mental illness derive enormous health BENEFIT from nicotine. Don't get me started on this one, it's a serious ferocious capitalistic population controlling motion from backed decades of tobacco consumption and addictive ploys and influence. I do not have the time to break this one into bite sized pieces. It's important though. Nicotine and vaping helped me (I quit like 5 years ago though) and my associated (and customers) enormously with focus, emotional regulation, perceptive organisation, sleep, stress relief and social openness. Plus more. For another time.

Expanding just a little bit further on Matter 2). Simply put = Talk to a Doctor to quit smoking. Bupropion is one effective medication, there are others. Failing that, the evidence is that vaping / e-cigarettes are the most effective quitting smoking therapy [lol even more than modern

medicines such as bupropion].

One could argue vaping is SAFER than quitting cold turkey i.e. the rage, stress, over-eating for example and road rage from cigarette withdrawal.

One could definitely state that Bupropion has more side effects and risks (permanent) than vaping / ecigs.

I just threw bupropion in there to keep the healthcare and doctors acknowledged.

As the RANZCP slowly notes and diseminted out vaping info encouraging it.. we also know that the solution/problem is not laying with them.

2) b) I can help with that. Encourage freedom of information = encourage vaping = less death and illness.

I have a specific health project in mind to both prevent youth from vaping while encouraging vaping in smokers... it will work and I will expect to be paid for the hours of work I will pour into doing 100 peoples jobs by myself. You can and will approve it, should you want to go that direction. Probably want to consider the 6 ideas I freely donated and decided for yourself.

OH.. ONE OTHER THING... the vapes in hospitals and mental health wards... that can be improved without capitalistic gain nor harming current shareholders. Just ask. We can help a lot of people including those already supplying services and goods.

Motion 3 = Love it. 100%. I understand making vapes simpler (disposables) is "better" for the consumer as it's easier to uptake, understand etc. But as the world continues it's devoted magnetism towards greener sustainable business... it will be shown the door if the government knows how to act and deliver outstanding healthcare.

One last notation on motion 3... the truth plays out... I've been privy to entertain the idea of nicotine disposable vapes... I even as an ex smoker and ex vaper gave them a whirl myself. Let me tell you, the substances willfully or un-knowingly (surveillance would fail to track these from most perspectives due to... outdated methods of surveillance and our international security agreements {i.e. a laugh if I ever saw one, and I did, too many to count} are loaded with a lot of chemicals. We are observing the emergence of what history would reveal as a cash grab initiative disguised as a health policy solution disguised as an addiction disguised as a bunch of escalating chemicals designed to make nicotine stronger, deliver it quicker, ensure more satisfaction etc. Furthermore, attempts have clearly been made to administer anti-smoking chemicals and anti-vaping chemicals as an attempt to misguide some very unlucky intelligence officials who by no will of their own, were forced to eat up the ████ served by foreign counterparts.

Either way, do something or do nothing about the disposables... I honestly know the right and correct way forward, I think my method will help solve all the problems. Please note, I realise we are getting a lot of aussies and foreigners making a lot of Chinese agents their friends by under the table deals, deceptive packaging and unremorseful tactics to escape the law, legislation and punitive action. Historically I hate to bring us back to my earlier insight... Australia

has a culture of encouraging and promoting this throughout culture. The look the other way approach to police who deal with drugs, the look the other way approach to education... you get the picture.

I have benefitted greatly (not financially) by continually refusing to accept or buy the horse [REDACTED] the chinese agents throw to Aussies for the sake of identifying the low lying Aussie cheaters from the integrity fueled entrepreneurs. It was incredibly difficult for me to do that though and has taken a lot of time and effort and learning. This is why Aussie healthcare needs fixing, yet another example of it. When we are known to be lawful, understanding of other cultures and participate with providing more value than the other person provided/s ourselves... they reward us. It's sad our own government is slow to catch up, however the prompting from notable key players in trying to clean up Australia execute the plan = do not take credit or personal acceptance. Give give give and take as little as necessary. That should help you understand systems that are more powerful on a IP level.

Noting my acceptance and assistance through 31 years of help from a lot of Australian people. The time and day will come for remunerations regardless of whether it was your job or not. I will see to it and make it so with due diligence.

Matter 4)... I am a really good subject for interpretation. I have 3 key legislative additions, 2 to the current acts and 1 to a proposed new act. I seek direct consultation for the purposes of these. Thank you.

One last thing crossed my mind before wrapping up my love bomb of loaded ideas and concepts for your free use (everyone wants what they can't have apparently is a narrative some accepted therefore I should quickly state I have 99.999% more ideas and concepts to help you all up). That one last thing is that although I am odd, I deliver my emails and typing free from influence and interference, I do require ADHD medication that is supervised and granted/permitted through the QScript S8 Schedule 8 Monitored Medicines Unit and I do have trouble keeping my focus and attention as I have a lot of information that I seemingly have no explanation to the source of origin. Only by the sheer fact that it is fact-checked, real, academically referenced and cited, and is independently vetted and validity accredited... can I say that due to my unique life and circumstances, I am a true asset to you.

If you can assist me with my access to psychostimulants under the 2019 Medicines and Poisons Act, I would be increasingly able to effectively carry Australia on my back for the benefit of 27 million Aussies and more worldwide.

I have been tempted and requested, asked and bidden to carry out my life and it's unique purpose with and assisted by other nations, departments and systemic un-disclosable techniques including information and population influence... I have neglected them all to most extent because I am a leader and I believe leadership is important for Australia. They bless me further for it.

So as my only real selfish (it's honestly selfless though from my perspective) prompt, I'd like more access through QLD directives to my medication. I require focus, attention & organisation now more than ever. Especially when I am under so much responsibility and carry the trust of so many people who work systemically like me from an anonymous background and liking. We

don't like to get close as risking being influenced is un-wise at this time.

Thank you!

CYA!

I have attached (via copy and paste) my submission as I have been called to action and requested to contribute. This pertains to Queensland's, "VAPING – AN INQUIRY INTO REDUCING RATES OF E-CIGARETTE USE IN QUEENSLAND" and "VAPING Inquiry".

I respectfully thank and admire your motion for my input. Bestowed with this privilege, I'm confident the information will be succinct and interpreted in the best, honest and most truest light. This is in the sense of assisting you make the right and best decisions that we know you definitely deliver. Hearing all impartial, discrete and transparent views on a topically diverse technology with societal concern is important to exploring the truthful aspects of delivering a truthful response to public health and spending.

Please see the emails copied below at your convenience. The rational medical referencing with and by the very best and most respected academics, experts and esteemed notable courageous intellectuals will give you all the power you need on your search.

I wish you good haste with luck and realise that this intellectually curious pursuit of knowledge is a noble one and just.

As I'm reading between the lines and appreciating the depth of opportunity throughout the landscape of vape (A.K.A e-cigarettes) knowledge than the surface to acknowledge hard and deceptive policies, practices, cultural norms and helpful gestures.

Let's help these Australian's get the standards correct, the government's message corrected, the education to children in alignment with medical literature and deliver these gold standards desperately needed for Australia and our health as a population.

**Regards and happy to be asked for input,
If all fails and we don't go with common sense – honestly – truth and edit the Australian way of doing "things", we all suffer (Aussies) and furthermore should any motions that are made based off my submission fail or experience blowback, just blame it on me and wipe your hands clean of it. Simple!**

There's your insurance policy against the odds! I'm happy to take losses at your benefit in the interest of upholding health of Australians.

As always, thank you for the opportunity to have a seat at the table, however small it may be on this state based inquiry.

**Best regards,
Samuel Thomas-Barnes Sexton**

[REDACTED]

P.S.

A great opportunity (a plethora actually) exists for Australia to collaborate with primarily USA, Malaysia, China and New Zealand governments and their relevant Information, security and intelligence divisions. We should be contacting and collaborating with our own government's similar agencies to ensure that vaping is regulated in the sense of making sure the materials (such as metals) are safe, the e-liquids are made in regulated manufacturing environments [also help businesses achieve regulatory approvals – and even may need to create some domestically, *with job opportunities.. and fun/enjoyable and interesting ones], the organic cotton is sustainably sourced, the technology contained in the circuit boards are no compromising or tapping into networks etc. and in return we should offer the free domestic market for foreign import of nicotine vapes to be imported legally (it makes sense) and we will be the lucky and intelligent parties/ones to inspect and review compliance from our global partners. If the vapes are not complaint to OUR high standards and our ASIO backed laboratory analysis, then we have some enormous *theoretical if power based selfishness continues culturally* leverage that we can use to bolster our domestic interests by adding a card to our hand. Then we could use it to state “e.g. ^INPUT COUNTRY OF ORIGIN OVERSEAS^... you are not regulating safe and effective *vape* products and cause harm to Aussies by including ingredient xyz,” and then leave it up to a professional trade minister or bartering king [like the author] to get some really cool technology that they have and we should want but DON'T KNOW EXISTS. If you've already summarised and made conclusions at the point of reading this sentence... you have completely missed the entire point and the 4 opportunities for growth and evolution that I have freely delivered at no cost except the costs of yet again being misunderstood and underestimated in terms of international intelligence privileges and insight. I'm not supposed to mention that. It's not too late to un-conclude and realise what is presented for your significant personal, economic, government and party interests and growth. If this is not already occurring and playfully leveraged in Australia's favour to exemplify Australia's high standards and professionally sound interest in SAFETY... then how can we expect to be entrusted with new/cutting-edge or powerful technological revolutionary products and beautiful silenced and unimaginable inventions that almost all reading this would fail miserably (bad word) at conceptualising/estimating or guessing at what these that I refer to may consist of and do. If we are seen as a international guarantor of SAFETY on the global stage, the implications and what we can expect to receive in return, is immense. We can actually get a seat at the table – one that matters and not one that we've been bemused into believing is actually important/lucky or significant. I think it is beyond the understandings of the committee, hence, this is my FREE donation and the committee (including the receiver and readers of this all) for your free use to gain favours or whatever it is you all do to play and enjoy your jobs and lives. Seriously. Don't mention me. Say the idea is yours and start making calls and taking credit for the motions. You will be the hero (be the hero, don't give in to self-doubt with something this simple – I might not have faith to throw you the next freebie.. I have hundreds of integrations to help the state of this country. and the one who potentially brings a life changing or society changing technology to Australia to help lift us up out of our unfortunate shortfalls. If you need further advising or simpler or more steps beyond what's mentioned to reap higher rewards -just contact me and let me know. I'll continue to deliver the pride to provide for this country as when it has failed (mostly) and succeeded me in 31 years, I state, cheers Australia!

*Full disclosure cannot be maintained in the interest of protecting national security.

TheCoilMan respects traditional owners of this land I work and live on. We acknowledge the traditional custodians of their land and this also includes upon whereabouts this email travels. Continuing, we must pay our respects to elders past, present and future.

From: [REDACTED]
Date: Thursday, 23 February 2023 at 5:10 pm
To: [REDACTED]
Subject: Re: Revolutionizing Public Health Education: A Call to Action for ACU Staff Members

To [REDACTED],

It is Samuel Thomas-Barnes Sexton. This is my university email address. My usual email address is [REDACTED]

Please direct any communications back to the usual email address and NOT this university email address.

Thank you for the clarification and bearing the burden of my letter.

It's ludicrous to think that I sell vaporisers and vaporiser parts (like it literally says that on the boxes because it's literally what I sell) and that I have to explain the reasoning further than that. I mean a spade is a spade, c'mon now.

I have attached a letter that I sent to some ACU staff members regarding vaping and it's classification as a medical item. This is just a starter of what can be provided. If this is not more than enough (which it should be) then please let me know and I'll serve you a further amplitude of knowledge on the subject. I haven't even began to breach the surface of the reasoning behind why e-cigarettes are 100% classified as a medical device. I'm more than ready to serve plenty more pages of information and resources. I think this should be more than enough, if not I would risk going insane to understand why anyone wouldn't consider a vape as a medical device.

I look forward to hearing from you soon and to hear your thoughts.

I'm sorry for the outburst. I remain patient in proceedings.

Kind regards,
Sam Sexton

From: [REDACTED]

Date: Thursday, 23 February 2023 at 2:17 am

To: [REDACTED]
[REDACTED]

Subject: Revolutionizing Public Health Education: A Call to Action for ACU Staff Members

To ACU staff members,

I believe in the right to be honest and transparent in business. I believe that information should be free and open-market. I don't want the specific lecturer to get into trouble. Rather this email contains information for a broader application. I have sourced three emails that may be able to help my university to help campaign a cause in the interest of public health. When I was younger, I found myself in a demographic that society did not want to help unless it was on their terms, and that was important in reinforcing negative behaviours, especially at a time when I had a low level of education and poor levels of leadership surrounding me (my own fault too!). However as I ponder upon the information I received in a university lecture directly influencing public health in a negative way, I knew I had to do something about that.

I couldn't find [REDACTED] on the ACU website with a listed email so that I could send the attached below letter to him. I wasn't sure if it was even my place to educate and correct the National Lecturer In Charge as an ACU student, sole trader and medical literature based thinker. However I feel that my writings would best be served in the hands of these three emails. Don't ask me why I think that, however I trust that you will forward what you need to, to those whom you deem it necessary to inform.

I request a few things. Firstly, I need this email sent to [REDACTED], I don't want to throw him under the bus. Rather, I feel that without him, I would never have had the opportunity to fight for the public health in such a large capacity. Therefore I like [REDACTED], he is a good lecturer. Second, I would like some key policy thinkers from ACU to incorporate and reflect upon the cultural narrative that mandates me typing an email like this with so much insight and commentary. Lastly, please send to your superiors (or boss) to make it perfectly clear, I don't deploy silence with/for/at ACU when public health is actively damaged, due to a staff member spreading false and misleading information to multiple students at a place where education standards should be at their highest. The costs associated with harming the health of Australia, cannot be understated.

If ACU takes their responsibility in society seriously, they need to reward [REDACTED] for his impulsive decision to demonise vaping publicly during an online class to many students, as I really needed that and him to leverage my will and passion into a productive format to push a pro health agenda and enhance the ethical responsibilities of an entire university (all of this value to you, free of charge by the way!).

Please see the email attached below.

I entrust you with my personal, business and academic efforts and bestow upon you a responsibility that should prove intellectually stimulating.

Thank you for your time and co-operation.

Please co-ordinate any and all responses through the appropriate channels and/or this email

address.

Kind regards,
Sam Sexton
(Samuel Thomas-Barnes Sexton | [REDACTED])

Dear [REDACTED],

I hope this letter finds you well. I am writing to address a topic that was discussed in class and I believe it's of utmost importance to clarify some inaccuracies you presented regarding vaping.

First and foremost, it is essential to emphasize the gravity of providing advice on a topic without a comprehensive understanding of the facts. In the context of public health, the consequences can be severe and potentially harmful, particularly to demographics that may be exposed to smoking. It is imperative that we ensure we have accurate and up-to-date information before we offer any form of guidance.

I would like to draw your attention to a study conducted by the National Health Service (NHS) that found vaping to be a considerably safer alternative to smoking. The study, a meta-analysis by Public Health England, found that vaping is 95% less harmful than smoking. As per the study, "E-cigarettes are estimated to be around 95% less harmful than smoking," and "E-cigarettes are particularly effective when combined with expert face-to-face support."

It is essential to acknowledge the effectiveness of vaping in helping smokers quit. As Clive Bates, a well-respected expert in the field of public health, has stated, "Switching to e-cigarettes can have substantial health benefits." Other esteemed professionals, including Prof. Ann McNeill, have also stated that "E-cigarettes could be a game-changer in public health."

I am concerned that, as students, we are still in the process of developing our understanding of important issues such as public health. As a result, we may be particularly malleable and may inadvertently spread information that is not entirely accurate. As a responsible member of our academic community, I urge you to review the medical literature and form an opinion based on science and not "lazy knowledge."

Quitting smoking can be a daunting task, and many smokers have tried and failed to quit multiple times. However, emerging evidence suggests that vaping may be the most effective tool to quit smoking, far superior to other smoking cessation methods.

According to Professor Peter Hajek, Director of the Health and Lifestyle Research Unit at Queen Mary University of London, "vaping is the most popular and effective aid to quitting smoking, and it is at least as effective as other quitting smoking aids." A study published in the New England Journal of Medicine found that smokers who used e-cigarettes were more likely to quit

smoking than those who used nicotine replacement therapy (NRT) or quit without assistance.

Furthermore, vaping has been shown to be significantly more effective than traditional nicotine replacement therapies like nicotine gum or patches. A study published in the journal *Addiction* found that e-cigarettes were almost twice as effective as nicotine replacement therapy in helping smokers quit. The study's lead author, Dr. Caitlin Notley, a senior lecturer in mental health at the University of East Anglia, stated that "Our research shows that e-cigarettes are a more effective aid for quitting smoking than nicotine replacement therapies."

Moreover, vaping has been shown to be a safer alternative to smoking, as it eliminates the inhalation of harmful chemicals associated with tobacco combustion. A review of the current evidence on e-cigarettes published by the Australasian Royal College of Physicians concluded that "the hazard to health arising from long-term vapour inhalation from e-cigarettes is unlikely to exceed 5% of the harm from smoking tobacco."

Vaping is emerging as the most effective tool for quitting smoking, far superior to other smoking cessation methods. It has been shown to be as effective as other quitting smoking aids, significantly more effective than traditional nicotine replacement therapies, and a safer alternative to smoking.

Recent statements from a group of leading global experts have highlighted the potential of tobacco harm reduction, including the role of vaping, as a viable strategy for reducing the harms of smoking. In a letter to the World Health Organization, the experts expressed concerns about the organization's approach to tobacco harm reduction, stating that it is "not consistent with the available evidence and will lead to more smoking-related death and disease."

The experts, including Dr. Konstantinos Farsalinos, a cardiologist and researcher at the Onassis Cardiac Surgery Center in Athens, Greece, and Dr. Riccardo Polosa, a professor of internal medicine at the University of Catania, Italy, argue that "a balanced approach to tobacco control is needed that recognizes the potential of less harmful nicotine products as a complement to current smoking cessation and tobacco control efforts."

A review of the available evidence by the National Academies of Sciences, Engineering, and Medicine concluded that "substituting vaping for combustible tobacco cigarettes reduces users' exposure to numerous toxicants and carcinogens present in combustible tobacco cigarettes." Additionally, the experts call for a regulatory approach that encourages innovation in less harmful nicotine products, rather than limiting their availability and pushing users back to smoking. As Professor Gerry Stimson, Emeritus Professor at Imperial College London, notes in the letter, "The right regulatory approach can accelerate the uptake of low-risk products and reduce the harm caused by smoking."

The evidence suggests that tobacco harm reduction, including the use of e-cigarettes, is a viable strategy for reducing the harms of smoking. It is important for university lecturers, policy makers and public health professionals to adopt a balanced approach to tobacco control that recognizes the potential of less harmful nicotine products and encourages innovation in this area. However, it is also important to remain vigilant and protect oneself from potential risks by using reputable products and avoiding counterfeit or adulterated products (which is true of any product and not due to specifically vaping e.g. vitamin e acetate).

I would like to share with you a resource that provides valuable information and education for individuals who hold views similar to yours. This resource is aimed at the public health demographic and can help update your knowledge, views, and opinions on vaping. I encourage you to review the information and verify the sources if you have any doubts. As someone who wants to help promote the health of the Australian public, I urge you to consider using evidence-based approaches when forming opinions on matters that involve people's health and well-being. Your example can inspire others to seek out reputable sources of information and to make informed decisions for their own health.

URL: <https://clivebates.com/expert-statements-on-who-and-tobacco-harm-reduction/>

Clive Bates is a former Director of Action on Smoking and Health in the UK and a leading public health advocate. The quotes and experts listed on his website, including Dr. Konstantinos Farsalinos, Dr. Riccardo Polosa, and Professor Gerry Stimson, are all legitimate and well-respected experts in their fields.

It is important to note that the field of tobacco harm reduction is complex and rapidly evolving, and there may be different perspectives and opinions on this issue. However, the experts cited on Clive Bates' website represent a significant and influential perspective on the potential of tobacco harm reduction and the role of vaping in reducing the harms of smoking.

Another great information source, is ATHRA (Australian Tobacco Harm Reduction Association), which is a not-for-profit organization that advocates for tobacco harm reduction in Australia. ATHRA provides evidence-based information and resources on tobacco harm reduction, including the role of e-cigarettes and other nicotine products in reducing the harms of smoking. Their website, athra.org.au, offers information on the latest research, policy developments, and public health issues related to tobacco harm reduction in Australia.

In conclusion, I trust that you will take this matter seriously and review the facts before discussing public health issues in the future. It is essential that we all do our part to ensure the dissemination of accurate information and protect ourselves and those around us.

Sincerely,

Sam Sexton

(Samuel Thomas-Barnes Sexton | [REDACTED])