

**Submission into the Voluntary Assisted Dying Bill 2021**

**Submission No.:** 136  
**Submitted by:** Kate Brooks  
**Publication:** Making the submission and your name public  
**Position:** I/We support the Voluntary Assisted Dying Bill  
**Comments in relation to:** Eligibility criteria\* ,The request and assessment process  
**Attachments:** No attachment

**Submitter Comments:**

In considering this i would like suicide to be included. It would remove the stigma and shame, it would allow for a goodbye. Those left behind would not struggle with the thought they could have altered the outcome.

Having to trudge through life to not traumatise those you love is unbearable and unfair, just as breathing is not living for those with terminal illness.

Having just been through the rough decline of my mother, quality not quantity of years, days, months, matters far more to the dying and should be respected.