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HASC

Submission No: 008

Research Director,  
Health and Ambulance Services Committee,  
Parliament House,  
George St  
Brisbane Qld 4000

  
12 October 2015

Dear Sir,

Please are you able to note the innovative and insightful studies that have been available in the media to show a better way to help those with Lived Experience of Mental Health Issues.

There is an opportunity to lift Qld out of the dark ages.

Renouncing ECT and DBS. We need to protect our children.

There are many studies showing the destruction caused by the treatment.

Check out Dr Peter Breggin online? He made a wonderful presentation at the Council for Evidence Based Psychiatry [www.cepuk.org](http://www.cepuk.org)

As a carer representative, I am distressed but the lack of progress here.

Yours sincerely,

Kerry Larkman



RSHom UK  
AHA Member

Carers Representative Sunshine Coast.

This week is Carer's week, and as a representative, I am researching huge challenges for us all. There appears to be a mountain of evidence to stop many bizarre and dreadful treatments for those who are in the 'system'. Please take note for the **New Queensland Mental Health Bill** under review.

It is all too slow.

Recently in London there was a Council for Evidence- Based Psychiatry. A brilliant day at Roehampton University, with many enlightened speakers.

**cepuk.org** has a list of the speakers, and their presentations and there is a session for the audience to ask questions.

Please can you find a way to have this important work shared with more people?

Dr Peter Breggin is the last speaker. He has been working in the field for many years and written 20 books. ECT is barbaric and brutal.

The World Health Organization states "There are NO indications for the use of ECT on minors, and hence this should be prohibited through legislation."

"Shock Treatment is not good for your brain." In the book Toxic Psychiatry, Peter Breggin goes into detail and stories of those maimed and destroyed by this treatment.

In Qld, Medicare has funded nearly 10,000 electro shocks in Qld. a 49% increase since 2010.

It must be illegal for use for children, pregnant women and the elderly immediately.

It is proposed to allow DBS [Deep Brain Stimulation]

DBS can cause irreversible brain damage, seizures, memory loss, suicide and post operative death.

In 2014, clinical efficacy of DBS was researched in NSW.

Conclusion was "There is insufficient evidence at this point in time to support the use of DBS as a clinical treatment for any psychiatric disorder."

Psychosurgery to change behavior is NOT a Neurosurgical procedure and must be banned

Professor Gotzsche from The Cochrane Institute states that Psychiatric medicines are the 3rd cause of death after Heart Disease and Cancer.

'Many trials on psychiatric medicines are not worth the paper they are written on.'

There needs to be a review to allow studies like the one in Finland where there is much more community care and much less medication.

Recently a Mental Wellness summit came out from USA, and it is full of evidence from well known researchers to support change to support and care about the client.

Orthomolecular medicine is not acknowledged by mainstream, but looks at the individual and checks hair/ blood samples, NOT at chemical reactions.

I hear the budget since 2010 has exploded from \$ 809,000,000 to \$1,153,117,000.

**The system ain't working!!!**

