Submission No: 006

## **Health and Ambulance Services Committee**

From: Stephen Barber

Sent: Monday, 12 October 2015 7:35 PM

**To:** Health and Ambulance Services Committee

Subject: Submissions to the Parliamentary Committee ( Mental Health)

Categories: Printed

To The Research Director, Health and Ambulance Services Committee Submission from Stephen Patrick Barber,

Mental Health Bill 2015 and Mental Health (Recovery Model) Bill 2015.

Details of Submission: My own experience with ECT administered on four occasions in 2006, at Nambour Hospital. After unknown volts of Electricity to my head, I suffered Brain Damage, Memory loss, short term and long term. Cognitive skills have been effected as I struggle to find employment due to this.

Since 2006, I have had a successful business that I was running in the Electrical field, close down. My marriage of 15 years ended in Divorce in 2008.

Division 3/228 (1) (C) ECT on minors: The World Health Organisation Stated "There are no indications for the use of ECT on Minors, and hence this should be Prohibited through legislation"

My experience has proved that alternatives to ECT include a more Holistic approach to Mental Health ,including Good nutrition, Meditation, Yoga, Counselling,

There should be less restrictive means for Children placed in Psychiatric Wards.