

**From:** [REDACTED]  
**To:** [Health, Communities, Disability Services and Domestic and Family Violence Prevention Committee](#)  
**Subject:** Health Legislation Amendment Bill 2019.  
**Date:** Thursday, 26 December 2019 5:14:38 AM

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Dear Committee Secretary,

Thank you for inviting submissions from the public regarding the Health Legislation Amendment Bill 2019. I write to express my profound concerns regarding this pending legislature because it denies the proven contribution of individual and family psychotherapy to the mental health of a child or adolescent with gender dysphoria and condemns them to a life-long administration of hormones and the possibility of major surgery, including castration.

Established side effects on the brain of blocking puberty and the administration of cross sex hormones appear not to be recognised by proponents for their use. Many children submitted to the regime have been found to suffer from co-morbid mental disorder such as autism. It is unreasonable to assume such children have the mental capacity to understand both the possibility of side effects, and the experimental nature of the regime. Even proponents for hormonal intervention confess lack of knowledge of the outcome of their massive intervention. One thing is known, however: the suicide rate in transgendering adults is some twenty times higher than the general population.

With such widespread uncertainty of positive effect but certainty of deleterious side effects, I write to request the Parliament not to oblige therapists to pursue the hormonal intervention and to permit the alternative psychotherapeutic support, which has been shown to be effective in the past.

[REDACTED]

Paediatrician

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