

045

FLOURIDATION OF BUNDABERG'S WATER SUPPLY.

Dear Sir,

I object to putting fluoride into Bundaberg's water supply because it is my democratic right to decide what medication I choose to ingest, and I choose not to take Fluoride as reliable studies have proven that, contrary to the views of the pro fluoridationists, it does not reduce dental cavities – in fact, it increases same. Please take the time to read John Colquhoun's (N.Z.) "Perspectives in Biology & Medicine – 1997" paper. Furthermore, it is responsible for teeth mottling – Dental Fluourisis – and damaging tooth-forming cells.

It is a poison and when ingested, over time, accumulates in the bones, resulting in increased hip fractures. The amount of fluoride each individual swallows cannot be controlled because of the vast differences in the amount of water we drink e.g. bottle fed babies, diabetics and kidney disease sufferers and only half of the fluoride we swallow is excreted in our urine – the rest accumulates in our bones.

Also studies showed in the fluoridated areas of America, Osteosarcoma, a rare cancer of the bones is 3 to 7 times higher than in non- fluoridated areas. Polish researchers have reported that boys with Dental Fluorosis also exhibit bone structure disturbances, and evidence from China that children with Dental Fluorosis have on average, lower intelligence scores.

Countries such as Finland, Holland, Sweden and Denmark have stopped fluoridating their water supply and these countries, as well as fluoridated countries, have also experienced a decline in tooth decay, suggesting the reason would have more to do with better diet compared to earlier years. Some countries e.g. India, China and parts of South Africa have high natural levels of fluoride in their water and they are now taking measures to remove it because of the problems it can cause.

I vehemently object to what amounts to compulsory medication for no specific gain and a lot of risk. I reserve the right to choose.

Signed - Edwin and Eunice Helmore

