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From: Donna Westfall [REDACTED]
 Sent: Thursday, 8 November 2012 9:02 AM
 To: Finance and Administration Committee
 Subject: RE: Water fluoridation and hazards to infants and others

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Finance and
Administration Committee

I have been a city councilwoman in a small Northern California seaside town for the past 4 years. Yesterday, after 44 years of water fluoridation, a moratorium was voted in to stop fluoridation until our supplier can provide the following: proof that their product is safe to all consumers along with toxicological reports and a listing of contaminants. They can't and they won't. How do I know? I sent them and every other supplier in the US, Canada and Mexico letters via certified mail last year and not one responded. Also, 2 months ago, I called up UNIVAR (formerly Basic Chemical Solutions, the supplier of HFSA/fluoride to our city water department) and asked the same questions. They are non-responsive. Even the NSF (National Sanitation Foundation) has said during Congressional hearings in 2000 that they do not run all the tests required.

This much we know. Infants should not be drinking formula mixed with fluoridated water. Our Centers for Disease Control (CDC) as well as the American Dental Association (ADA) both came out and made this known several years ago. The reason is because it may cause dental fluorosis, the first visible sign of fluoride poisoning. 41% of our nation's teens are over-fluoridated suffering with dental fluorosis. I refer to the National Research Council 2006 report. And to the EPA (Environmental Protection Agency) statement issued last year which suggested that the parts per million be reduced to .7ppm.

Also last year, we had a 17 yr old boy die of osteosarcoma, linked to HFSA (hydrofluosilicic acid)/fluoride. This is a very rare form of bone cancer. We have had hundreds and hundreds of our people suffer from thyroid disease, diabetes, kidney disease, seizures, seniors with bone fractures, heart disease and more....all linked to prolonged ingestion of HFSA/fluoride.

State by State, our governors are looking at issuing warnings to parents about the hazards of HFSA/fluoride. Infants drinking formula mixed with fluoridated water get 200 times more fluoride than from mother's milk. It is a neurotoxin and passes the blood brain barrier. Harvard released their study in July of this year showing as much as a 10 point drop in IQ due to HFSA/fluoride. with increased mental retardation.

The CDC and ADA also came out that ingesting fluoride is not effective. Instead they recommended topical application.

The fact that your government spends millions of dollars adding this toxic industrial waste product is a waste of precious resources which could be better spent.

Finally, my own personal opinion is that I believe it is absurd for any medication to be put into the drinking/bathing water. If your water departments are anything like ours, then they are dispensing a medication without taking health histories, without monitoring the dose, or giving out a listing of side effects. All in all, practicing medicine without a license, putting an illegal substance into the drinking water and slowly poisoning your people.

I hope your people are quick to research the facts and not rely on the lies, propaganda and rhetoric of the pro-fluoride side.

Donna A. Westfall

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