## Inquiry into the provision and regulation of supported accommodation in Queensland

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Submitted by:		(submitted by Queenslanders with Disability Network)
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## Audio file

## Transcript

Phone number I live at This doesn't have to be confidential, and it can be published. I have lived here for one year now in supported accommodation. I've had a lot of physical problems - where I was living previously by myself, I was having too many falls, breaking too many bones. I've got osteoporosis and osteoarthritis, HIV, I've got several broken or fractured bones, depression and I've got really bad peripheral neuropathy in my feet, so I need a wheelie walker to walk to get around. Yeah, so it's been difficult.

I've just been granted access to the NDIS about two weeks ago. I had a bit of a fall in my room which was quite unbelievable how I did it, just got up too quickly and tripped over and knocked my head and I fractured 8 ribs, so it's been really difficult the last few weeks. So, I'm just waiting for some supports from the NDIS to be organised. Hopefully that will happen early in the new year, but I can still shower myself, but things like shaving is a bit of a nightmare because my right arm is out of action at the moment because I've damaged the nerves in my right arm from falling asleep on it for an hour. That's going to take a few weeks or even months to repair itself and I am right-handed so that's going to make it a bit difficult.

It's taken one year to get access to the NDIS. The first few attempts were knocked back because they didn't have enough information from the hospital and from doctors, but they have that information now because I've had several hospital visits because of all these physical injuries that I've got and ongoing problems with my peripheral neuropathy is not getting any better. So, it's just been a very long journey and I just hope things improve in the next few months.