



# Today



7.00 am

7.30 am

8.00 am

8.30 am

9.00 am

9.30 am

10.00 am

10.30 am

11.00 am

11.30 am

12.00 pm

12.30 pm

1.00 pm

1.30 pm

2.00 pm

2.30 pm

3.00 pm

3.30 pm

4.00 pm

4.30 pm

5.00 pm

5.30 pm

6.00 pm

6.30 pm

Meeting with constituents about traffic issue

Fitness session at the gym

Create video content for TikTok feed

Dinner with my family

Help my children with their homework

Read briefing papers about a bill to be debated

Official opening of school fete

Inspect problem drainage area

Walk the family dog

Interview with local radio station

Electoral Office staff meeting

Write letter to Minister on behalf of a constituent

Attend primary school P&C meeting

Help out at local school sausage sizzle

Present trophies at the soccer club awards ceremony

Visit school to talk to Legal Studies students about Parliament

Meeting with a local Federal Member of Parliament

Host Youth Advisory Panel meeting

Attend Portfolio Committee meeting

Attend Scouts Annual General Meeting

Attend Chamber of Commerce meeting

Meet with paramedics about health care resources

Meet with a constituent about a problem with a government department

Visit Retirement Village to talk to residents

Prepare a speech about legislation before the House